

# Community Yoga

@ The Perkiomen Valley Library  
290 2<sup>nd</sup> Street  
Schwenksville, PA 19473  
610-287-8360

**All levels yoga!**  
**Mondays**  
**7:30 – 8:30 pm**

**Drop in rate - \$5.00 per class per person**  
(benefits the library)

Bring a mat, wear comfortable loose clothing and feel free to bare your feet for a more comfortable practice.

**New to yoga or just curious, please join us!**



**Adjoa Amoah Aggrey, RYT**

email questions to: [yoga@vaayu@gmail.com](mailto:yoga@vaayu@gmail.com)

610-209-6727